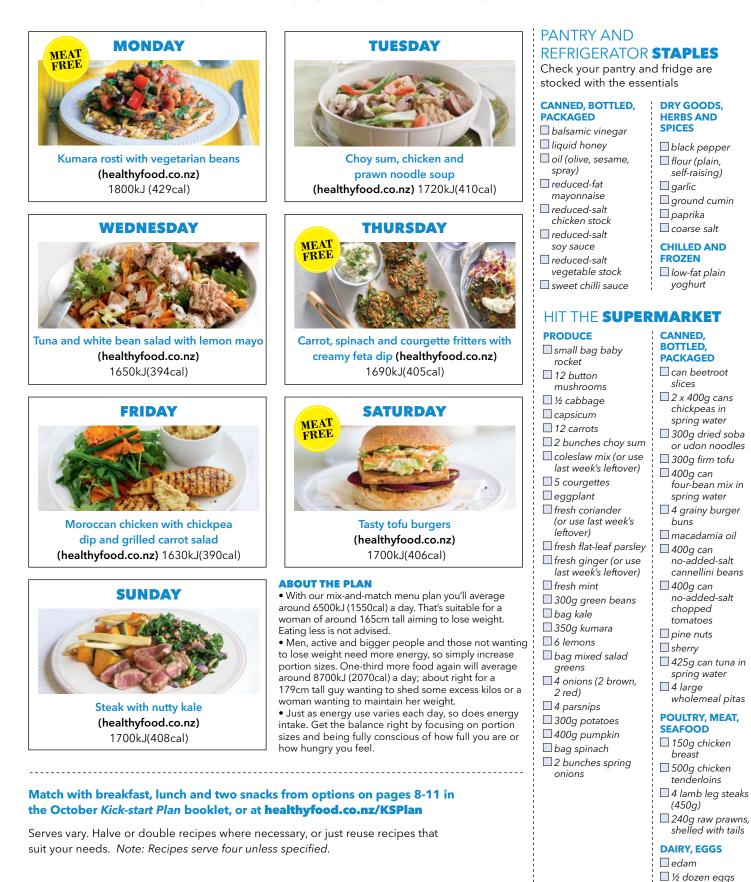


The Kick-start Plan WEEK eight shopping list

We've compiled the shopping list for week eight's dinners, so you don't have to. Just tick off what you have already in your pantry and cross off any leftover items from the week before.



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